



Press Release

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North Seattle Family Center Opens Parent Resource Room

Seattle, WA – Times are tight, and local Seattle families are struggling to do more with less. Now more than ever, families need additional support to face these challenging times.

The North Seattle Family Center (NSFC), located in the Lake City neighborhood, recognizes that need. This month, staff unveiled the Parent Resource Room, a place that provides tools to increase self-sufficiency and build life skills.

Located on the lower level of the North Seattle Family Center, the Parent Resource Room is a place where adults can go to explore new (or old) crafts, socialize with other families, and browse job postings, coupons, and a community exchange program. Additional resources such as sewing machines, quilting materials, and a small library are available. Comfortable couches, decorated with homemade pillows and an afghan, create a comfortable, relaxed setting. All materials have been donated by staff or members or the community and are available for use free of charge.

"The Parent Resource Room is meant to help families stretch their budget. Families have so many needs right now," states Ann Fuller, NSFC Program Manager.

At the end of June, Consejo Mental Health Counseling, individual and group counseling for the Latino community, will also be operating out of the space.

The Parent Resource Room is open on Mondays from Noon - 5 p.m., Tuesdays through Thursdays from 9 a.m. - 5 p.m., and Fridays from 9 a.m. – 3 p.m. The Center is located at 3200 NE 125th Street, Suite 2. For more information, or if you are interested in donating to the Parent Resource Room, call (206) 364-7930.

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The North Seattle Family Center is operated by Children's Home Society of Washington, a statewide children's organization that has provided exceptional and innovative services to children and families since 1896. CHSW supports over 40,000 children and families each year. For more information, visit www.childrenshomesociety.org.